Contact email: parentcontact@yewdale.cumbria.sch.uk

YEWDALE PRIMARY SCHOOL NEWSLETTER

Yewdale Primary School

Ofsted Good Provider

DATES FOR YOUR DIARY

Mon 5th – Fri 16th Oct	Year 6 Group 2 Swimming
Tues 20th & Wed 21st Oct	Maple & Hazel Class Parent Teacher Meetings
Mon 26th Oct – Fri 30th Oct	October Half Term
Sat 31st Oct	Year 6 Secondary Application Deadline
Wed 4th Nov	Year 2 Trip Lake District Wildlife Park
Fri 13th Nov	Children in Need (see Poster)
Thurs 19th Nov	Nasal Flu Immunisation

Career of the Month

Do you, or someone you know, work in one of the following careers?

- Farming
- Veterinary Services
- Agriculture
- Food Production

We are looking for volunteers who would be willing to visit Yewdale Primary School and talk to our children about their career as part of our Career of the Month programme.

Hearing first-hand about different jobs helps inspire our pupils and broaden their understanding of future career opportunities.

If you can help, please contact the school office on 01228 830036.

Thank you for your support! 😊

School Office Opening Hours

8am – 3.45pm Monday – Friday

Dedicated parent email address:
parentcontact@yewdale.cumbria.sch.uk

Parking

Parking around school can be challenging at busy times.

Please remember to park considerately and be courteous to our neighbours and fellow parents/carers.

We also ask everyone to treat one another with respect. Any intimidating, abusive or aggressive behaviour is unacceptable.

If you experience abuse or intimidation in the community, we strongly encourage you to contact the police and provide them with full details of the incident.

Year 6 Secondary School Applications

Please apply before 31st October. Apply for a secondary school place | Cumberland Council

Cumberland Council

Respect … Responsibility… Resilience …

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THE LAKE DISTRICT WILDLIFE PARK

Year 2 Lake District Wildlife Park Trip

Please return all Year 2 Lake District Wildlife Park permission slips as soon as possible.

NHS

Nasal Flu Vaccine – 19th November

Please opt in or out of the Nasal Flu Vaccines using this link before 12th November: Flu Vaccination Consent Form

School Code: CM141995

Maple & Hazel Class Parent Teaching Meetings

A reminder to book your parent teacher meeting with your child's class teacher on Arbor.



Respect … Responsibility… Resilience …

Our weekly Attendance

YEWDALE PRIMARY SCHOOL

Monday 5th October - Friday 9th October



Whole school

95.97%



MAPLE CLASS	98.26%
HAZEL CLASS	94.41%
WILLOW CLASS	94.48%
ASPEN CLASS	92.22%
★ ROWAN CLASS	100%
BIRCH CLASS	97.89%
ALDER CLASS	97.89%
★ HAWTHORN CLASS	100%
OAK CLASS	96.8%
CEDAR CLASS	95.61%
ELM CLASS	90.77%

STAR OF THE WEEK









Elm – Ollie K

Cedar – Blake

Oak – Evelyn

Hawthorn – Anashe

Birch – Toby

Alder – Jake

Aspen/Rowan – Robbie

Willow – Olivia

Hazel – Daisy

Maple – Whole Class !













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House Team Points



283	311	342	297

Total House Points awarded this week so far:

1,233

Our winners this week are the **Yellow Team**

Well done!

Respect … **Responsibility…** **Resilience …**

Autumn Term 2026

NHS
North Cumbria Integrated Care
NHS Foundation Trust

Dear Parent/Carer

Your child's annual flu vaccination is now due (Children in Reception - Year 6)

This vaccination programme is in place to help protect your child against flu. The intra-nasal flu vaccine is the most effective protection for your child against flu as well as help protect vulnerable friends and family by reducing the spread of flu.

The consent form can be accessed via any online device. Please click on the link below or scan the QR code which will direct you to the online consent form for you to complete

Session date	Consent Form Link	QR Code
19.11.26	Flu Vaccination Consent Form	

This link will close 1 week prior to the session.

If you decide you do not want your child to receive the flu vaccination, please complete the online form as directed above, and select the NO consent option.

Your child's school can check if you have returned a consent form but have no access to any personal information about you or your child.

The intra-nasal flu vaccine contains porcine gelatine. The alternative is the intramuscular (IM) flu vaccine which is porcine gelatine free. **Please follow the instructions on the consent form if you would like your child to receive this instead.**

Please contact the school aged immunisation team if you wish to arrange a clinic appointment.

Please contact the school aged immunisation team if

- **Your child has asthma and they become wheezy in the week before the school session or has their asthma medication increased.**
- **There are any changes to your child's health *after* you have completed the form**

Further information about the flu vaccination is available at:
Protect your child against flu – information for parents and carers of children in primary school or pre-school - GOV.UK
If you have any queries regarding the online consent form or the flu vaccine please contact your local school aged immunisation team or visit our webpage
School Aged Immunisation Programme : North Cumbria Integrated Care

Yours faithfully , School Aged Immunisation Team

Immunisation Team | Floor 2, Hill Top Heights| Capital Building, London Road| Carlisle| CA1 2NS
T: 01228 608046 | E: ncm-tr.northschoolagedimmunisationteam@nhs.net

Anxiety

Building Emotional Resilience

Self Esteem

As a service we are visible, accessible, and confidential and work to build resilience among children and young people.

5-19 Emotional Health and Resilience Service

We can provide you with the tools to cope in challenging and difficult times, to reduce the risk of poor mental health.

Ring or email to book a consultation
0300 304 9029
hdft.spoc0-19cumberland@nhs.net

NHS Harrogate and District NHS Foundation Trust

Growing Healthy Cumberland 0-19 Service

Please note that we offer a tier 1 brief intervention around emotional health.
If you are experiencing a mental health crisis please contact NHS 111 option 2

Download on the App Store

GET IT ON Google Play

Your journey starts with us listening to your voice leading to an assessment of your needs and agreed goals.

Worry

Low Mood

Anger

Term Dates

Academic Year 2026 – 2027

Autumn Term	
INSET days	Tuesday 1st and Wednesday 2nd September 2026
Autumn term begins	Thursday 3rd September 2026
Half term	Monday 26th October – Friday 30th October 2026
Autumn term ends	Friday 18th December 2026
Spring Term	
Spring term begins	Monday 4th January 2027
Half term	Monday 15th February – Friday 19th February 2027
Spring term ends	Thursday 25th March 2027
Summer Term	
Summer term begins	Monday 12th April 2027
Bank holiday	Monday 3rd May 2027
Half term	Monday 31st May – Friday 4th June 2027
Summer term ends	Friday 16th July 2027


FRIENDLY SAFE FUN
RUGBY CUBS
RUGBY FOR LITTLE LEGENDS
RUGBY CUBS
TODDLER RUGBY SESSIONS IN CUMBRIA
For children up to and including 5 years old
Building skills and confidence through play
www.rugbycubs.com
chris@rugbycubs.com
facebook.com/rugbycubs
@rugbycubsuk
GET IN TOUCH
TO FIND OUT MORE
Scan to find out more
RUGBY CUBS
Play • Learn • Belong

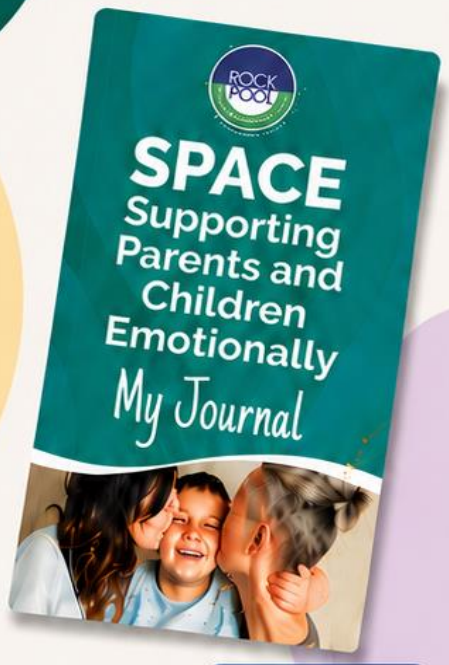

WORLD CAVITY-FREE FUTURE DAY
14th OCTOBER
Every child deserves a cavity-free future!
A healthier tomorrow starts with healthy habits today.
Tooth decay is largely preventable, yet it remains one of the most common health problems affecting children. Let's make oral health a priority — for every child, in every community.
Brush twice a day with fluoride toothpaste
Spit, don't rinse after brushing
Keep sugary foods and drinks to a minimum
Make oral health part of everyday family life
Support supervised toothbrushing in schools and early years settings
Brush Day & Night for a Healthy Smile!
Healthy smiles. Brighter futures.
ap smilestars


Elite Football Carlisle
OCTOBER CAMP!
PROFESSIONAL FUN FOOTBALL COACHING WHICH ENGAGES, CHALLENGES AND PROVIDES FUN TO ALL PLAYERS!
MON 26TH OCTOBER
TUE 27TH OCTOBER
09:30-14:30 EACH DAY
CALDEW SCHOOL, DALSTON
2 DAYS- £30 1 DAY- £20
AVAILABLE TO AGES 5- 15
FEATURING COMPETITIONS
CHAMPIONS LEAGUE
CROSSBAR CHAMPION
PENALTY CHAMPION
WORLDS SMALLEST GOAL
BEST ATTITUDE
BOOK YOUR PLACE TODAY!
07932 659 482
INFO@elitefootballcarlisle.co.uk

Trauma-informed services & courses for families, schools, individuals & community groups

DONNA LUND

FAMILY-FOCUSED TRAUMA SPECIALIST



- Trauma-informed and evidence-based
- Practical tools and strategies
- Build resilience and emotional wellbeing
- For parents, carers, children & men

Includes your SPACE Journal

Trauma-Informed Courses & Support

Practical tools. Emotional support. Stronger families.

I offer accredited SPACE, PAACE and Domestic Abuse courses to both adults and young people, as well as supportive groups and drop-in sessions.

Everyone is welcome.

These courses run over the next **six weeks.**
PAACE and Domestic Abuse courses will run **after these courses.**

SPACE COURSE

Starting Thursday 10th September
9:15 am – 11:15 am
5 weeks

A supportive 5-week course for parents and carers to understand emotions, build resilience and support children with confidence.

Places filling up!

WEEKLY DROP-IN CLINIC

Starting on Thursday 3rd September
11:45 am – 12:45 pm

A weekly drop-in clinic for people to meet Donna, find out more information and ask questions.

Lunch and refreshments will be provided.

MEN'S SPACE COURSE

Starting Thursday 10th September
1:00 pm – 3:00 pm
5 weeks

A supportive 5-week course for men to connect, grow and build emotional wellbeing together.

You don't have to navigate it alone.
Let's build stronger, more connected families – together.

07776 971671
For more information contact Donna at:
dlundtraumaspecialist@gmail.com

or scan: