



YEWDALE PRIMARY SCHOOL NEWSLETTER



Yewdale Primary School



DATES FOR YOUR DIARY



Tues 20 th & Wed 21 st Oct	Maple & Hazel Class Parent Teacher Meetings
Mon 26 th Oct – Fri 30 th Oct	October Half Term
Sat 31 st Oct	Year 6 Secondary *** Application Deadline ***
Wed 4 th Nov	Year 2 Trip Lake District Wildlife Park
Fri 13 th Nov	Children in Need (see Poster)
Thurs 19 th Nov	Nasal Flu Immunisation

Parking

Parking around school can be challenging at busy times.

Please remember to park considerately and be courteous to our neighbours and fellow parents/carers.

We also ask everyone to treat one another with respect. Any intimidating, abusive or aggressive behaviour is unacceptable.

If you experience abuse or intimidation in the community, we strongly encourage you to contact the police and provide them with full details of the incident.

Career of the Month

Do you, or someone you know, work in one of the following careers?

-  Farming
-  Veterinary Services
-  Agriculture
-  Food Production

We are looking for volunteers who would be willing to visit Yewdale Primary School and talk to our children about their career as part of our Career of the Month programme.

Hearing first-hand about different jobs helps inspire our pupils and broaden their understanding of future career opportunities.

If you can help, please contact the school office on 01228 830036. Thank you for your support!

Year 6 Secondary School Applications

Please apply before 31st October. [Apply for a secondary school place | Cumberland Council](#)





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Nasal Flu Vaccine – 19th November

Please opt in or out of the Nasal Flu Vaccines using this link before 12th November:

[Flu Vaccination Consent Form](#)

School Code: CM141995



School Office Opening Hours

8am – 3.45pm Monday – Friday

Dedicated parent email address:

parentcontact@yewdale.cumbria.sch.uk



BBC CHILDREN IN NEED

Children in Need

Friday 13th November

Come to school dressed in your favourite Pyjamas or Pudsey clothes (nothing new required)

£1 donation for Children in Need

SPARKLE SPECTACULAR SPECIAL MENU

Aspens Food Festival

THURSDAY 5TH NOVEMBER

HOTDOG & WEDGES

CET Remembers

Calling all CET Students, Schools and Families

In support of this year's Remembrance Day, create a display that reflects hope and shows support to honour those who have sacrificed themselves to secure and protect our freedom

Photos to be sent by
Wednesday 4th November 2026

Send a photo of your display to:
EventsTeam@cumbriaeducationtrust.org
include your name, school and year group.

Be The Best You Can Be!

Some of our pupils have been doing some amazing things recently ...

If your child has done anything they are super proud of, let the school office know and we can celebrate them here.



Harry in Alder Class

Harry designed this year's Remembrance Run medal. He's really proud that his design was used.

Well done Harry, it looks amazing! So professional.



Billie in Aspen Class

Billie was in a dance competition this weekend with Carlisle Dance Academy they came in 1st place with the highest points in their age category. They will now compete in the final at Blackpool in January.

Well done Billie, good luck for January!



Amber in Cedar Class

Amber has a new grading in her British Karate-Do Chojinkai - she is now Provisional 5th KYU Blue Stripe. Well Done Amber, amazing skills!



Our weekly Attendance

Monday 12th October - Friday 16th October



Whole school

95.99%



MAPLE CLASS	99.88%
HAZEL CLASS	99.33%
WILLOW CLASS	87.59%
ASPEN CLASS	98.89%
ROWAN CLASS	96.92%
BIRCH CLASS	91.58%
ALDER CLASS	94.74%
HAWTHORN CLASS	99.26%
OAK CLASS	97.61%
CEDAR CLASS	94.78%
ELM CLASS	97.69%



STAR OF THE WEEK



Elm – Jenson

Cedar – Chloe

Oak – Dario

Hawthorn – Ellis

Birch – Esme

Alder – Betsy

Aspen/Rowan – Freddie

Willow – Charlie

Hazel – Freddie G

Maple – Whole Class !



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House Team Points



377



225



289



378



Total House Points awarded this week so far:

1,269

Our winners this week are the **Red Team**

Well done!

Respect ... Responsibility... Resilience ...

Dear Parent/Carer

Your child's annual flu vaccination is now due (Children in Reception - Year 6)

This vaccination programme is in place to help protect your child against flu. The intra-nasal flu vaccine is the most effective protection for your child against flu as well as help protect vulnerable friends and family by reducing the spread of flu.

The consent form can be accessed via any online device. Please click on the link below or scan the QR code which will direct you to the online consent form for you to complete

Session date	Consent Form Link	QR Code
19.11.26	Flu Vaccination Consent Form	

This link will close 1 week prior to the session.

If you decide you do not want your child to receive the flu vaccination, please complete the online form as directed above, and select the NO consent option.

Your child's school can check if you have returned a consent form but have no access to any personal information about you or your child.

The intra-nasal flu vaccine contains porcine gelatine. The alternative is the intramuscular (IM) flu vaccine which is porcine gelatine free. **Please follow the instructions on the consent form if you would like your child to receive this instead.**

Please contact the school aged immunisation team if you wish to arrange a clinic appointment.

Please contact the school aged immunisation team if

- Your child has asthma and they become wheezy in the week before the school session or has their asthma medication increased.**
- There are any changes to your child's health *after* you have completed the form**

Further information about the flu vaccination is available at:

[Protect your child against flu – information for parents and carers of children in primary school or pre-school - GOV.UK](#)

If you have any queries regarding the online consent form or the flu vaccine please contact your local school aged immunisation team or visit our webpage

[School Aged Immunisation Programme : North Cumbria Integrated Care](#)

Yours faithfully , School Aged Immunisation Team

Immunisation Team | Floor 2, Hill Top Heights| Capital Building, London Road| Carlisle| CA1 2NS

T: 01228 608046 | E: ncm-tr.northschoolagedimmunisationteam@nhs.net

CHRISTMAS CARD COMPETITION

All students across CET are invited to submit designs for our
Annual CET Christmas Card.

We would like the card to showcase:

A CUMBRIAN CHRISTMAS

As well as reflecting on CET's values, key events or
achievements from across the year, truly embodying the
meaning of Christmas.

There will be two winners:

One Primary entry and One Secondary entry.
The winners will receive a prize and their designs
will be CET's official Christmas Cards for 2026

HOW TO ENTER

1. Design your card on an A4 piece of paper
2. Take a photo of your design
3. Email the image to:

EventsTeam@cumbriaeducationtrust.org

Please submit your designs by:

Tuesday 1st December 2026

Anxiety

**Building Emotional
Resilience**

Self Esteem

As a service we are
visible, accessible, and
confidential and work to
build resilience among
children and young
people.

5-19 Emotional Health and Resilience Service

Ring or email to book a consultation

0300 304 9029

hdft.spoc0-19cumberland@nhs.net



Harrogate and District
NHS Foundation Trust



Your journey starts with us
listening to your voice leading to
an assessment of your needs and
agreed goals.

Please note that we offer a tier 1
brief intervention around
emotional health.

If you are experiencing a mental
health crisis please contact NHS
111 option 2

Download on the
App Store



GET IT ON
Google Play



Worry

Low Mood

Anger

Term Dates

Academic Year 2026 – 2027

Autumn Term	
INSET days	Tuesday 1 st and Wednesday 2 nd September 2026
Autumn term begins	Thursday 3 rd September 2026
Half term	Monday 26 th October – Friday 30 th October 2026
Autumn term ends	Friday 18 th December 2026
Spring Term	
Spring term begins	Monday 4 th January 2027
Half term	Monday 15 th February – Friday 19 th February 2027
Spring term ends	Thursday 25 th March 2027
Summer Term	
Summer term begins	Monday 12 th April 2027
Bank holiday	Monday 3 rd May 2027
Half term	Monday 31 st May – Friday 4 th June 2027
Summer term ends	Friday 16 th July 2027



RUGBY CUBS

TODDLER RUGBY SESSIONS IN CUMBRIA

For children up to and including 5 years old
Building skills and confidence through play

**FRIENDLY
SAFE
FUN**

**RUGBY
FOR
LITTLE
LEGENDS**



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chris@rugbycubs.com
facebook.com/rugbycubs
@rugbycubsuk

**GET IN TOUCH
TO FIND OUT MORE**



Play • Learn • Belong



**WORLD CAVITY-FREE
FUTURE DAY**

14th OCTOBER

**Every child
deserves a
cavity-free future!**



A healthier tomorrow starts with healthy habits today.

Tooth decay is largely preventable, yet it remains one of the most common health problems affecting children. Let's make oral health a priority — for every child, in every community.

-  Brush twice a day with fluoride toothpaste
-  Spit, don't rinse after brushing
-  Keep sugary foods and drinks to a minimum
-  Make oral health part of everyday family life
-  Support supervised toothbrushing in schools and early years settings

Brush Day & Night for a Healthy Smile!

Healthy smiles. Brighter futures. 





OCTOBER CAMP!

PROFESSIONAL FUN FOOTBALL COACHING WHICH ENGAGES, CHALLENGES AND PROVIDES FUN TO ALL PLAYERS!



 **MON 26th OCTOBER**

 **TUE 27th OCTOBER**

 **09:30-14:30 EACH DAY**

 **CALDEW SCHOOL, DALSTON** 

2 DAYS- £30 1 DAY- £20

AVAILABLE TO AGES 5- 15



**FEATURING
COMPETITIONS**

CHAMPIONS LEAGUE
CROSSBAR CHAMPION
PENALTY CHAMPION
WORLDS SMALLEST GOAL
BEST ATTITUDE

BOOK YOUR PLACE TODAY!

 **07932 659 482**  **INFO@elitefootballcarlisle.co.uk**

Trauma-informed
services & courses for
families, schools,
individuals &
community groups



Trauma-informed
and evidence-based



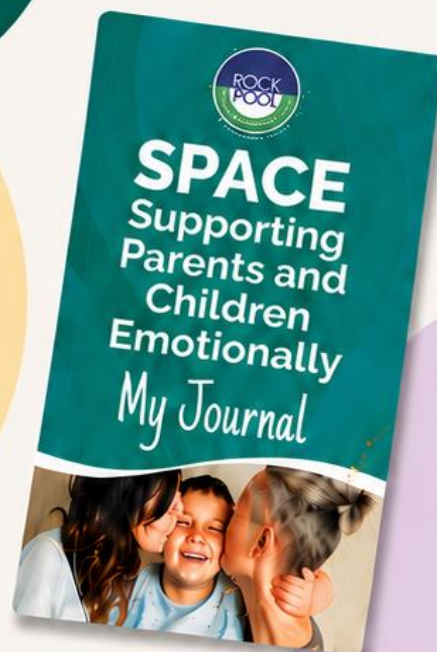
Practical tools
and strategies



Build resilience and
emotional wellbeing



For parents, carers,
children & men



Includes your
SPACE Journal

Trauma-Informed Courses & Support

Practical tools. Emotional support. Stronger families.

I offer accredited SPACE, PAACE and Domestic Abuse courses to both
adults and young people, as well as supportive groups and drop-in sessions.

Everyone is welcome.

These courses run over the next **six weeks**.
PAACE and Domestic Abuse courses will run **after these courses**.



SPACE COURSE

Starting Thursday 10th September

9:15 am – 11:15 am
5 weeks

A supportive 5-week course
for parents and carers to
understand emotions, build
resilience and support
children with confidence.

*Places
filling
up!*



WEEKLY DROP-IN CLINIC

Starting on Thursday 3rd September

11:45 am – 12:45 pm

A weekly drop-in clinic for
people to meet Donna, find
out more information and
ask questions.



Lunch and refreshments
will be provided.



MEN'S SPACE COURSE

Starting Thursday 10th September

1:00 pm – 3:00 pm
5 weeks

A supportive 5-week course
for men to connect, grow
and build emotional
wellbeing together.



*You don't have to navigate it alone.
Let's build stronger, more connected families – together.*

07776 971671

For more information contact Donna at:
dlundtraumaspecialist@gmail.com

or scan:

